

# **Bob Plamondon Bio**

Originally from Quebec City, I attended St. Mary's From 1953-1959, then moved on to novitiate followed by some seminary years, mostly in Windsor. I left Windsor in 1965.

After spending 3 months in Quebec City, I moved to Montreal to join Bell Canada in August of 1965. In fact, my first day at Bell was August 2 (feast day of St. Alphonsus if I remember correctly). I worked for Bell for the next 28 years until my retirement in January of 1994. My stint with Bell allowed me to spend 2 years working in Paris and 3 years in Saudi Arabia.

After retiring from Bell, I worked as an advisor/consultant in a number of different areas, including Career Transition (a wonderful euphemism to describe what people go through when they are laid off or fired). I am still working in this area of endeavour.

I married my wife Adele in 1967. We now live in Pointe-Claire, a suburb of Montreal. We have three children (Eric, Julie and Lisa). We also have 2 grandchildren (Jesse and Sarah).

Current pastimes include golf, computers and square dancing.